Anya Sizer

anyasizer@googlemail.com

Personal Statement

I am a long-standing campaigner and activist with decades of experience across fertility, adoption, and women's health**.** My work has centred on driving change, amplifying under-represented voices, and shaping policy in complex and sensitive areas. I bring extensive expertise in stakeholder engagement**,** building effective relationships across government, healthcare, charities, and community groups. I also have significant media experience, regularly contributing on women's health and family policy. For the past five years, I have served as a local councillor, and I have previously worked in Parliament supporting several Labour MPs, giving me a strong understanding of political processes, constituency needs, and legislative work.

Employment Experience

- **Cabinet lead for SEND and early years May 2025** Deputy Cabinet role for Special educational needs and early years within London Borough of Hackney.
- **Board member of the Government fertility regulator the HFEA October 2025** helping set the strategic direction, policy, and standards for UK fertility treatment and embryo research.
- **Democracy lead for think tank Compassion in Politics March 2024-May 2025** Coordinating Compassion in politics work with various stakeholders to find a collective voice around "cleaning up politics "
- **Civic mayor of Hackney for municipal year 2023-2024** Known as the "first person of the borough" the role is to represent Hackney at all levels of life from chairing full council, hosting citizenship ceremonies welcoming dignitaries and extensive meetings with stakeholders and community groups.
- **Local councillor for Hoxton East and Shoreditch 2021-2026** Diverse role representing constituents as well as assisting with activities of the London borough of Hackney such as membership of the licensing subcommittee and Children and Young People Scrutiny Committee.
- **Senior office Administrator, Office of David Lammy MP, May 2019-2022** Role included management of busy Diary and events for the MP as well as liaising with stakeholders' constituents and various groups. Coordination of APPG for Fatherhood and general running of the parliamentary office.
- **Part time Parliamentary assistant (Cover) for Kate Green MP September 2019-November 2019** Preparation of briefings, submission of Parliamentary questions, writing campaign letters and dealing with members of the public and a wide variety of groups.
- **Part-time Parliamentary Assistant, Office of Paula Sherriff MP, April 2018 – May 2019** Varied Role included advising the member on women's health initiatives, preparing speeches and quotes and advising on issues around health inequalities.
- **Regional Representative and fertility in the workplace lead for the Fertility Network UK, August 2016 – 2022** Establishment and implementation of a national campaign to call for fair IVF provision for all Patients, Meeting and Liaising with MPs to call for policy change. Media representation, delivery of keynote speeches and representing the charity in the public sphere. Creation of scheme of work to equip and resource workplaces to best support staff facing fertility issues, known as Fertility in the workplace.

- **Patient Coordinator for the Bridge Centre, London Women's Clinic, January 2015** Implementation of a structured and systematic provision of care to all patients at various stages of treatment.
- **London Women's Clinic Harley, Support Coordinator, May 2010**
  Varied responsibilities from individual coaching, running the support group, leading Seminars and establishing workshops based on my book Fertile thinking.
- **Fertility Coach offering specialist support for those facing infertility, 2006-2010** Set up coaching practice with wide variety of individual clients and group work including creation of and leadership of a parenting course successfully run for several years
- **National Coordinator for Anorexia Bulimia Care, 2004-2006**
  Work involved setting up and establishment of groups, media work and 1-1 support.
- **Supervisor at flagship Body Shop store, Central London, 2001-2003**
- **Regional Co-ordinator for UCCF (The Universities and Colleges Christian Fellowship) 1997-2001** Role included oversight and support for many Further Education Colleges in London, running campaigns, group work and establishing support.

Key Achievements

- Vice Chair for the Fabian Women's Network Executive Committee
- Board member Ivy Street family centre 2021-2025
- Board member for the Fertility Alliance
- Board member Shoreditch town hall arts venue 2023 to present
- Author of Fertility support resource and group "Fertile thinking"
- Core member of the APPG on Adoption
- Political coordinator for Labour members in the 50:50 Campaign
- Varied media work includes Marie Claire, Red magazine, Radio 4, Radio 5, Evening Standard and the Times amongst others.
- Fabian Women's Network Mentoring and Political Education Programme Mentee 2018/2019
- Aspiring Leaders' Day and residential training for Leaders and candidates with Labour Women's Network.
- Women's Officer for the Labour Party Hackney North Branch.

Education and Training

- 2004–2006 - Professional coaching qualification to Gold accredited standard with Powerchange Coaching
- 1999–2002 - Professional counselling qualifications to Advanced Certificate level with Lambeth College
- Certificate in Theology from London School of theology
- BA Hons English Literature, University College, London
- IT skills: MS Word, Excel, Access

Additional Information and Interests

- 2014 to present - Champion for saying Goodbye pregnancy loss charity
- 2014 to present - Champion for Home for Good adoption charity
- 2013 to present - Sunday school leader in church

References Available on request